Vessel Health and Preservation:

What is the Right Line for the Right Patient at the Right Time?



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Objectives



- After completing this activity the learner will be able to:
- List the key concepts of the Vessel Health and Preservation program
- Discuss the benefits of the Vessel Health and Preservation Program
- Describe the implementation plan of Vessel Health and Preservation (VHP)
- Describe the tools of the VHP initiative including the Daily Vascular Access Assessment Tool
- Identify the methods for providing input and evaluation of the program

Disclosure



Ms. Moureau has disclosed the following:

- Speakers Bureau for Arrow/Teleflex, Cook, Excelsior, 3M
- Educational Support for Access Scientific, Angiodynamics, Genentech

Continuing Education Credit (CE)



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- Provider (Saxe Communications) is approved by the California Board of Registered Nursing. Provider # 14477
- This program has been approved for 1.0 contact hour of CRCE by the AARC.
- No off-label use of products will be discussed.
- Ms. Moureau did not disclose any conflicts of interest in relation to this presentation.



What Is Vessel Health and Preservation?

Vessel Health and Preservation (VHP)



Vessel Health and Preservation is a process that applies evidence-based guidelines for:

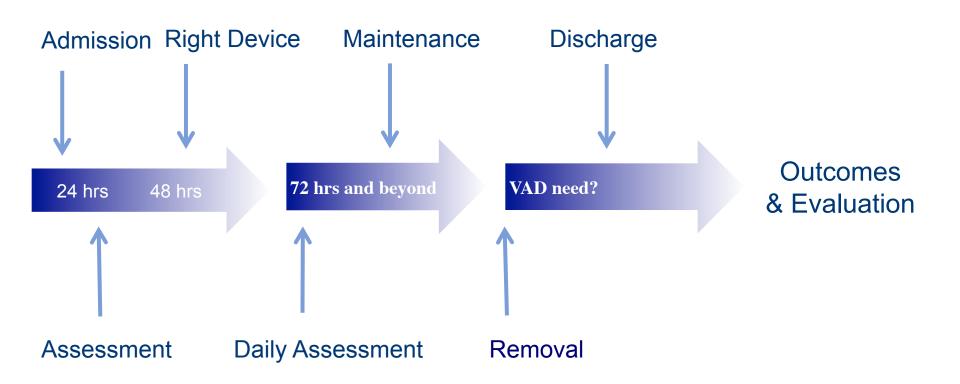
- Vascular Access (IV) device selection, insertion, maintenance and removal
- It is an evidenced base system that functions on a timeline with selection algorithm

Right Line for the Right Patient at the Right Time™

The VHP as a Vascular Access System of Care



Right Line for the Right Patient at the Right Time™



VHP Outcomes are a Function of Evidence and Guidelines



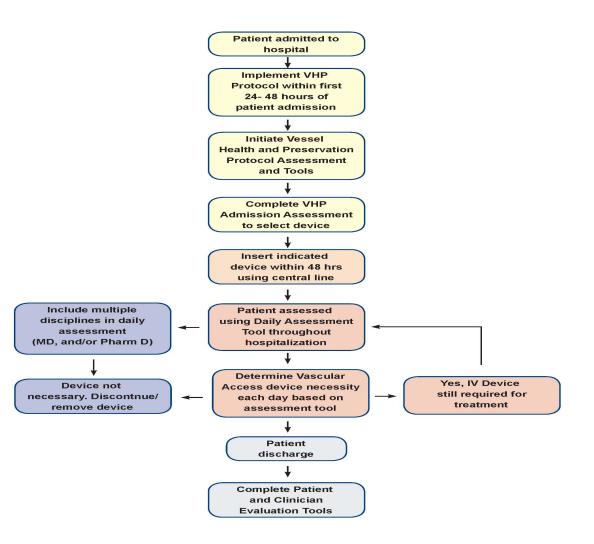
KEY CONCEPTS

- Right Line
 - Choose the best vascular access device based on treatment plan
 - Fewest lumen, smallest size, safest site, and use of ultrasound
- Right Patient
 - Select a device based on patient conditional factors and longterm needs
 - Assess veins, choices, and history
- Right Time
 - Early assessment (< 24 hrs) and placement (< 48 hours)
 - Daily assessment and removal when treatment complete



The VHP Protocol:

a working process for intentional access selection and assessment



Benefits of Vessel Health and Preservation



- Protocol provides consistency of care
- Intentional selection process preserves veins for future needs of patient
- Process implements Best Practice Guidelines
- Education and compliance with guidelines results in reduced infection rates
- Fewer vascular access devices promotes greater patient satisfaction



Stage 1 A Starting Point for Assessment

Implementing the VHP System



Evaluate for Compliance and Improvement

Evaluate Vascular
Access Processes to
Identify Gaps and
Need for Vessel Health
and Preservation

Promote Better Communication Between HCW Select Unit and Present VHP Program

Educate Inserters and Unit Staff on Vessel Health and Preservation

Implement the Tools and Process in One Unit

First Phase of Vessel Health Implementation

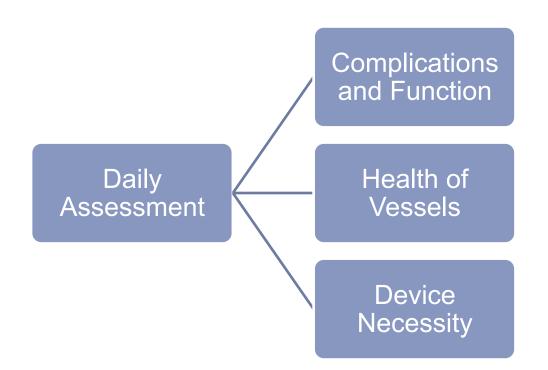


- Retrospective Review of vascular access device usage and complications
- Initiate education for Daily Vascular Access Assessment (DVA Tool)
- Begin use of Daily Assessment Tool in your unit
- Reach 100% usage of DVA Tool for all patients in unit
- Perform random trial use of Admission Assessment Tool
- Evaluate patient and staff for comments and satisfaction with Stage 1 process

Right Time for Daily Measurement of Outcomes



- Daily Assessment
 - Performed for early identification of complications
 - Is device appropriate, preserving vessel health and comfortable for patient?
 - Is device still necessary or can meds change to oral?



Daily Assessment



- Daily vascular access assessment by nursing and medical staff
- Completion of Daily Assessment by nursing staff by night staff to make it ready (before 6AM) for AM rounds
- Medical staff completion by end of day, verified with signature
- Determination of necessity with multi-disciplinary focus and medical rounds

Do	tiont Madical ID		essel He	alth Ass	sessme		,	,
	itient Medical ID					_ Date:	mm	уууу
1.	How comfortable is the 5 - Extremely comfortable of 4 - Somewhat comfortable 3 - Comfortable	e patient with t fortable fortable	□ 2 - Some □ 1 - Very t □ N/A due	what uncomfo incomfortable to confusion /s	rtable	her		
	If #2 or #1 checked, pl			mtort:				
	What is the current dev							
	Type: PIV Number of Lumens	☐ Midline	□ PICC □ 2	CVC	Port Which De	□ Dialysis	□ PICC	□ cvc
	No. of Lumens in Use	01	02	3	Which De		□ PICC	
	What complications, if							
	□ Infiltration			estarts in 24 h				
	□ Phlebitis/thromboph	nlebitis			□ Other			
	Did any complications If Yes, check all that app Infection Partial Withdrawal	oly. Which Dev		■ Midline		□ CVC	□ Yes □ Port	□ No □ Dialysis
5	Is this patient having a	ny difficulty w	ith eating and driv	kina?			□ Yes	□ No
	Are there IV medication			mang:			☐ Yes	□ No
7.	Is the VAD absolutely	necessary for b	blood draws with t	his patient?			□ Yes	■ No
Νu	rsing Recomme	ndation:	Print Nan	ne:			RN/NP/	PA/IVRN (circle
8.	Referring to the VHP I	Right Line Too	is the venous acc	cess device(s)	most appropr	riste for the curre		
	If No, What device wo	ald apply base	d on Right Line T	ool Selection?			☐ Yes	□ No
9.	Is there any reason to r If Yes, (other than the	naintain the cu	rrent device(s)?	ou seremin			□ Yes	□ No
	COMMENDATIONS							
	☐ Discontinue device(☐ Maintain					
	☐ Consider new device	e(s) from VHP	Assessment Trifo	old	Recomme	nded new device	(s)	
Ph	ysician/Pharma						MI	D/PharmD (circl
		(Informa	tion can be obtain	ed by interview	w or by phon	e)		
	Would switch to all on			d at this time f	or this patien	t?	☐ Yes	□ No
	Is there an active blood						☐ Yes	□ No
	Will access be required What is the current dis		ent is released?				☐ Yes # of days	□ No
14.	Is the current IV device If Yes, please explain:		y for this treatmen	t plan and this	s patient?		□ Yes	□ No
	☐ IV needed additions ☐ Critical condition	ıl days	Number of a Other	dditional day(s)			
MI	D Action Plan:							
	-	Latinosta Trans	on many NV course	ere consider di	iscontinuation	of all IV davious	to reduce ri	ak to notient
	See nursing recommend	sation(s). If two	or more two answ	ces, constant di	Seculial market	OF BILLA OCANCES	to reduce it	an to painten.

Daily Assessment Example



Daily rounds for patient with goal evaluation and device assessment

Right Line

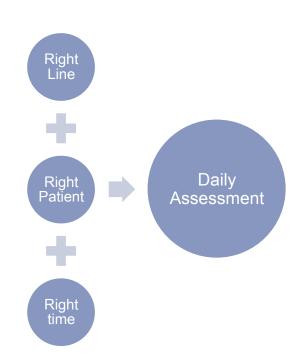
- Have there been complications in last 24 hours?
- Is the device the best for the treatment?

Right Patient

- Is the device comfortable for the patient?
- Does the device(s) accommodate the treatment plan without interruption?

Right Time

- Is the device still needed and if so how many more days?
- Can the medications be changed to oral?



Daily Assessment Tool



Patient Medical ID #: Nursing Information 1. How comfortable is the patient with their vascular access device? (ask the patient) 5 - Extremely comfortable 4 - Somewhat comfortable 1 - Very uncomfortable 3 - Comfortable N/A due to confusion /sedation or other If #2 or #1 checked, please explain the reason for discomfort:						Date:	,	,
Nursing Information 1. How comfortable is the patient with their vascular access device? (ask the patient) 5 - Extremely comfortable 2 - Somewhat uncomfortable 1 - Very uncomfortable 1 - Very uncomfortable 3 - Comfortable N/A due to confusion / sedation or other If #2 or #1 checked, please explain the reason for discomfort:	ursing Information						_'	′
	5 - Extremely comfo	patient with the etable ertable	□ 2 - Som □ 1 - Very □ N/A due	ewhat uncomfortable to confusion	ortable e	эет		
* WILLIAM TO A TO	If #2 or #1 checked, ple	ase explain the	reason for disc	comfort:				
What is the current device(s)? (check all that apply)	What is the current devi	ce(s)? (check a	ll that apply)					
	Number of Lumens	D 1	Q 2	3	Which Dev	ice?	□ PICC	□ CVC
2.		□ 5 - Extremely comfo □ 4 - Somewhat comfo □ 3 - Comfortable If #2 or #1 checked, ple What is the current devi	 □ 5 - Extremely comfortable □ 4 - Somewhat comfortable □ 3 - Comfortable If #2 or #1 checked, please explain the 	□ 5 - Extremely comfortable □ 2 - Som □ 4 - Somewhat comfortable □ 1 - Very □ 3 - Comfortable □ N/A due If #2 or #1 checked, please explain the reason for disc What is the current device(s)? (check all that apply)	□ 5 - Extremely comfortable □ 4 - Somewhat comfortable □ 3 - Comfortable □ 3 - Comfortable □ N/A due to confusion If #2 or #1 checked, please explain the reason for discomfort: What is the current device(s)? (check all that apply)	□ 5 - Extremely comfortable □ 4 - Somewhat comfortable □ 3 - Comfortable □ 3 - Comfortable □ N/A due to confusion /sedation or oth If #2 or #1 checked, please explain the reason for discomfort: What is the current device(s)? (check all that apply)	□ 5 - Extremely comfortable □ 4 - Somewhat comfortable □ 1 - Very uncomfortable □ 3 - Comfortable □ N/A due to confusion /sedation or other If #2 or #1 checked, please explain the reason for discomfort: What is the current device(s)? (check all that apply)	□ 5 - Extremely comfortable □ 4 - Somewhat comfortable □ 1 - Very uncomfortable □ 3 - Comfortable □ N/A due to confusion /sedation or other If #2 or #1 checked, please explain the reason for discomfort: What is the current device(s)? (check all that apply)

- Written in a modified SBAR format (Situation-Background-Assessment-Recommendation) including patient input, and reason for vascular access device(s)
- Patient assessment of comfort and satisfaction is 1st question
- Identify the device; any problems? Is it the right device?

Daily Assessment Tool



3.	What complications, if any occurred with	hin the last 24 hours (PIV)?	check all that apply)		
	Infiltration		rs		
	□ Phlebitis/thrombophlebitis	□ Infection	□ Other		
4.	Did any complications occur within the	last 24 hours with Central Ve	nous Access Device(s)?	☐ Yes	■ No
	If Yes, check all that apply. Which Device	? □ PIV □ Midline	□ PICC □ CVC	□ Port	□ Dialysis
	☐ Infection	□ Phlebitis	□ Occlusion		
	□ Partial Withdrawal Occlusion				
5.	Is this patient having any difficulty with	□ Yes	□ No		
	Are there IV medications ordered other t	□ Yes	■ No		
	Is the VAD absolutely necessary for bloc	☐ Yes	□ No		

- Double check the medical record and ask clinical staff about any complications; ask the patient – the goal – determine if the device is working well for this patient
- Also check if the patient is drinking well, still receiving any IV medications/solutions or just prn?
- Decide if the device is still needed or can be removed today?

Daily Assessment Tool



	ursing Recommendation:	Print Name:		PA/IVRN (cirde)
8.	Referring to the VHP Right Line Tool:	is the venous access device(s) most appropriate for the current treatme	nt plan?
			☐ Yes	□ No
	If No, What device would apply based	on Right Line Tool Selection	on?	
9.	Is there any reason to maintain the curr		□ Yes	□ No
	If Yes, (other than the above reason) W	/hy?		
RI	ECOMMENDATIONS:			
	☐ Discontinue device(s)	■ Maintain device(s)		
	□ Consider new device(s) from VHP	Assessment Trifold	Recommended new device(s)	

- What the recommendation by nursing staff?
- Different device?
- Remove the IV access?
- Place assessment tool in chart with Progress Notes ready for medical rounds

Application of Guidelines with VHP



Providing documentation of vascular access assessment demonstrates application of National Patient Safety Goals

Provide Education (SHEA)

- Annual infection prevention education for all clinicians who insert or care for CVCs
- Education upon hire for all clinicians who work with CVCs
- Evaluate to ensure understanding and compliance
- Competency assessment
- Teach assessment and placement for device with the least risk for the patient (CDC 2008)

Implement Central Line Bundle Practices

- Hand hygiene
- •Select insertion site based on risk assessment avoid femoral
- Use maximal barriers and protection
- •Chlorhexidine with alcohol for skin disinfection
- •Remove device promptly when not needed
- Assess current device, function and necessity by clinical staff at least daily (Joint Commission, CDC 2011, ASDIN 2008 and RNAO 2008)

Use Central line Checklist (NHSN 2009)

- Use checklist for all CVC insertions
- Ensure compliance sterile technique with observer present
- Empower observer to stop procedure if compromised

References: Institute for Health Care Improvement (<u>www.IHI.org</u>), Getting Started Kit Central Line Bundle: Preventing Central Line Infections How-to Guide p3, accessed November 2011.



Vessel Health and Preservation Moving Forward

VHP Protocol Initiation



- Protocol approved by hospital or used as order
- Initiated upon admission
- Directs the process and empowers device placement
- The protocol is designed to provide consistent device management from the patient's admission to discharge
- It is a defined process for measurement of outcomes
- Aligned with national standards of practice

Vessel Health & Preservation Protocol Vascular Access Protocol Order Set
Patient Name and Medical ID#:
Implement Vessel Health and Preservation Protocol on admission of patient to unit. 1. Initiate device placement indicated by the protocol tool and daily assessment device selection throughout hospitalization.
 a. Initiate Peripheral Access or Midline or PICC by vascular access team or b. Notify Interventional Radiology or Surgeon for placement of other central venous catheters/ports (As identified in Protocol Selection Tool) 2. Use Central Line Checklist and observation of procedure for each PICC or CVC insertion. Checklist to be completed by person other than inserter. 3. Confirm terminal central catheter tip position per radiological assessment for PICCs and CVCs. When SVC position confirmed, okay to use central access device. 4. Use thrombolytic to treat partial or complete catheter occlusion as needed per hospital policy treating all lumens.
5. Use aseptic technique with frictional scrub to cap with every catheter access flushing well to remove any residual blood from cap.6. Perform assessment of site necessity with Daily Assessment Tool. Make available for medical rounds.
7. Initiate removal of device as soon as indicated in Daily Assessment Tool. CVC per policy.
Date/time:/

Second Phase with Adm Assessment Right Line for Device Selection



Choose the best vascular access device based on diagnosis, acuity, prescribed therapy and duration

 Select most appropriate device with the lowest risk for infection including least number of lumens

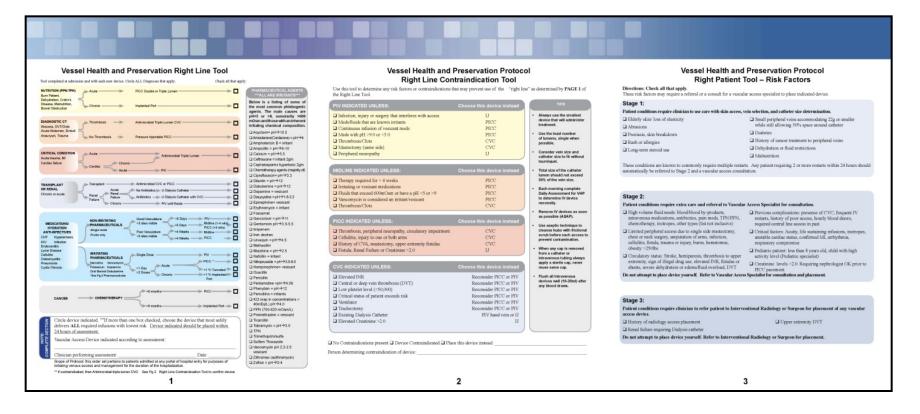
Diagnosis Acuity **Assessment Treatment Duration**

Device

Second Phase Admission Assessment



- Admission assessment consists of individual evaluation of the patient
- Includes risk assessment and device selection

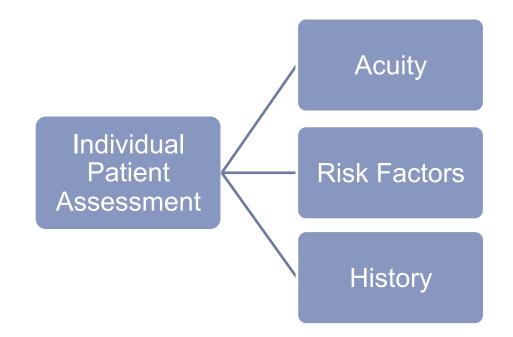


Right Patient Assessment



Right Patient

- Assess patient conditions that may contraindicate right line device
 - Level of acuity dictates specific access choices
 - Risk factors
 - History
- Assess need for vascular access team placement



Risk Factor Action Plan



Assess Patient for:

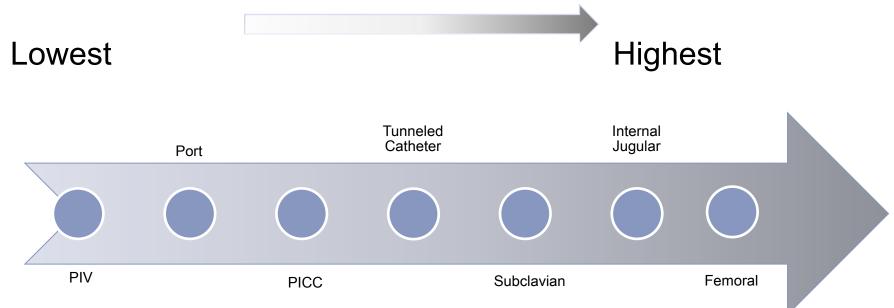
Risk Factors and History

- Skin conditions
- Vein size and health
- Cancer/ Chemotherapy
- Renal failure
- Circulatory/stroke
- Surgical/trauma

Specialized
Access
Team
Review

Device Selection - Risk Assessment





References:

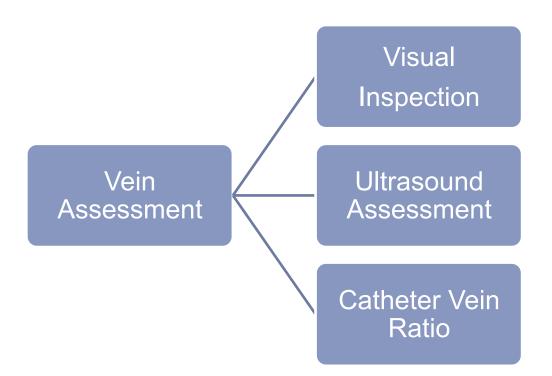
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Right Time for Insertion Assessment



Right Time

- Perform insertion as soon as possible (within 48 hours) of beginning of treatment plan
- Use ultrasound guidance for CVC/PICC assessment and insertion
- Remove device as soon as treatment complete; perform evaluation daily



Vein Assessment



- Use direct observation and history of IV access
- Perform ultrasound scanning of actual veins and look at choices
- Catheter Vein Ratio Size Determination
 - Select vein based on vein diameter at least 3 times size of catheter without a tourniquet
 - 3FR = vein size at least 3mm
 - 4FR = 4mm
 - 5FR = 5mm
 - 6FR = 6mm

Admission Assessment and Device Best Practices



- Use smallest, shortest device with least number of lumens that will accommodate needs
- Focus on the lowest risk device moving to higher risk only as needed
- When treatment longer than 5 days is expected, consider central catheter or port
- Consider prescribed therapy, number of medications, incompatibilities
- Evaluate type of medication (irritating, chemotherapeutic, etc.) and determine long term needs

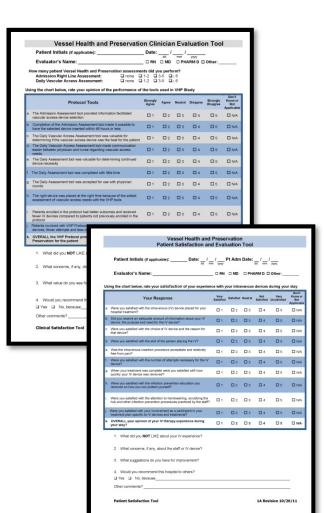


Vessel Health and Preservation Putting it all Together

Putting it All Together for the Patient



- Application of guidelines and best practices result in better outcomes
- Daily evaluation of correct device and function will improve patient satisfaction and facilitate completion of treatment plan
- Your input and that of your patients will help us customize and improve the program
- Turn in evaluation sheets at least once a week to manager or Shift Captain
- Perform patient evaluation prior to D/C



Total Value of Vessel Health Protocol Implementation



Did the VHP Program Provide:

- Decision for best device
- Fewer accesses per patient
- Daily device necessity determination
- Compliance with CVC Insertion Checklist Guidelines
- Evaluation of complications and best device for preservation of veins
- Assessment promoting multidisciplinary communication
- Education and compliance with guidelines resulting in reduced infection rates

Vessel Health and Preservation Process Working for Your Patients



- Evaluation of outcome is built into program
- Retrospective and prospective analysis is performed initially and at the end of each stage
- Analysis of data will demonstrate outcomes of protocol
- Cost savings become apparent and measurable with fewer devices and reduced complications
- Treatment is completed without interruptions
- Patient satisfaction improves

Implementing the VHP System



Evaluate Vascular Access Processes to Identify Gaps and Need for Vessel Health and Preservation

Evaluate for Compliance and Improvement

Select Unit and Present VHP Program

Promote Better Communication Between HCW Educate Inserters and Unit Staff on Vessel Health and Preservation

Implement the Tools and Process in One Unit

The Expected Results!



Establishment of an evidence-based process used for patient assessment and device selection that results in reduced risk, preserved vessel health and evaluation of access device(s) from hospital admission to discharge

Continuing Education Credit (CE)



- To obtain 1.0 contact hour, go to www.saxetesting.com/vh
- Complete the post-test and evaluation form.
- Certificate of completion will be issued immediately.
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Questions?



Thank you for your attention This session has been recorded and will be archived on www.vesselhealth.org

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